RETURN TO SCHOOL FORM

Your Child Was Seen in the Health Office/Stayed Home with Symptoms of COVID-19

Your child is being sent home/stayed home because they have one or more symptoms of COVID-19.

The Centers for Disease Control and Prevention (CDC) say symptoms may start **2-14 days after** exposure to the virus. Symptoms of COVID-19 are listed* below and your child had the following symptom(s):

- ☐ Fever ______ °F
- ☐ Chills
- ☐ Cough
- ☐ Shortness of breath or trouble breathing
- ☐ Tired/Fatigue
- ☐ Muscle / Body aches
- ☐ Headache
- ☐ New loss of taste or smell
- ☐ Sore throat
- ☐ Stuffy nose/congestion
- ☐ Runny nose
- ☐ Nausea
- ☐ Throwing up/Vomiting
- ☐ Diarrhea

*This list does not include all possible symptoms. CDC will continue to update this as more is learned about COVID-19. Please see the CDC’s [COVID-19 in Children and Teens](https://www.cdc.gov/coronavirus/2019-ncov/need-extra-caution/index.html) for more information.

According to the CDC, the COVID-19 signs and symptoms below require immediate emergency care. If you see any one symptom below call 911 or take your child to the closest emergency room.

<table>
<thead>
<tr>
<th>Persistent pain or chest pressure</th>
<th>New confusion</th>
<th>Flushed/red cheeks</th>
<th>Bluish lips or face</th>
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</thead>
<tbody>
<tr>
<td>Going to the bathroom a lot</td>
<td>Hard to wake or stay awake</td>
<td>Difficulty breathing, fast breathing, or trouble breathing at rest</td>
<td>Extremely exhausted and/or extreme irritability</td>
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<tr>
<td>(diarrhea and urination)</td>
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</table>

Please Bring This Form To Your Health Care Provider (HCP)

- ☐ **Negative COVID Test (PCR or Rapid Antigen):** proof is the test result OR Health Care Provider (HCP who is a physician, nurse practitioner, or physician assistant) note. With no known close contact.

- ☐ **HCP Note:** Explaining a diagnosis of a known **Chronic Condition** with unchanged symptoms.

- ☐ **HCP Note of a Confirmed Acute Illness** (e.g., laboratory-confirmed influenza, strep throat) AND COVID-19 is not suspected, then a note signed by a HCP explaining the alternate diagnosis is required. Diagnosis alone is not enough. Students may return to school as instructed by the HCP and according to school illness management policies.

This sample resource is located at [www.schoolhealthny.com](http://www.schoolhealthny.com) – Forms | Notifications 12/3/2020