Middle & High School Youth Wellness, Leadership, and Training Academy

Instructors

BILL CLARK
Guinness World Record Holder and World Champion, World Champion, International Gold Medalist in Olympic Weightlifting, 4th Degree Black Belt in Jiu Jitsu, Strength and Conditioning Coach, Motivational Speaker, World and Greater Binghamton Sports Hall of Fame Inductee, Ripley's Believe It or Not Personality, published Author.

TRENT PATTERSON
University of Alabama Football Star, Biggest Loser TV Star and Personality, Motivational Speaker, Strength and Conditioning Coach, Washin-Ryu: Black Belt, BC Jets All Star, Published Author, CPI Certified instructor, Chenango Forks Strength Coach.