Summer Meals

When School Ends, Summer Meals Begin

1. **Food Bank of the Southern Tier** *summer meals listing*
   https://www.foodbankst.org/summerfood/

2. **No Kid Hungry Text Line**
   Text 'food' or 'comida' to 304-304
   English https://www.nokidhungry.org/find-meal-sites
   Spanish https://www.nokidhungry.org/find-free-meals-es

3. **National Hunger Hotline**
   Call 1-866-3-HUNGRY or 1-877-8-HAMBRE
   Monday-Friday, 7:00 a.m. - 10:00 p.m. ET
   https://www.fns.usda.gov/national-hunger-clearinghouse

4. **In New York State**
   Call 211 or visit http://211nys.org/
   Local Susquehanna River Region https://www.helpme211.org/

5. **USDA Summer Food Service Program**
   https://www.fns.usda.gov/meals4kids

6. **Summer Meals NY** *(for students 18 years and younger)*
   https://hungersolutionsny.org/find-food-help/summer-meals/