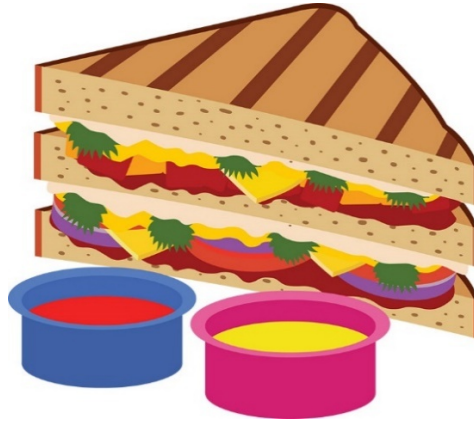


Summer Meals

When School Ends, Summer Meals Begin



1. **Food Bank of the Southern Tier**
<https://foodbankst.org/>
2. **No Kid Hungry Summer Resource Hub**
<https://www.nokidhungry.org/summer-resource-hub>
3. **National Hunger Hotline**
<https://www.hungerfreeamerica.org/en-us/get-help>
Call 866-3-HUNGRY or 877-8-HAMBRE (Spanish)
Monday-Friday, 8:00 a.m. - 8:00 p.m. ET
or text FOOD or SUMMER to 914-342-7744 anytime
4. **Summer Meals for Kids Site Finder**
<https://www.fns.usda.gov/summer/sitefinder>
5. **USDA Summer Food Service Program**
<https://www.fns.usda.gov/summer>
6. **In the Southern Tier**
Susquehanna Region 211 <https://www.helpme211.org/>
Phone: 211 or 1-800-901-2180
7. **Summer Meals NY** (*for students 18 years and younger*)
<https://hungersolutionsny.org/find-food-help/summer-meals/>