

Chef Salad, Ham & Cheese or P.B.J. sandwich available daily.  
 Each option includes fruit and/or juice & veggie of the day.  
**ALL MEALS INCLUDE SKIM CHOCOLATE or  
 1% WHITE MILK**

# OCTOBER 2022

Seton Catholic Central



PAY FOR MEALS ONLINE  
 MySchoolBucks.com



Monday	Tuesday	Wednesday	Thursday	Friday
Mozzarella Sticks <b>3</b> <i>w/ marinara</i> Garden Salad Garlic Bread Stick Fresh Apple	Sloppy Joe on a Bun <b>4</b> Tater Tots Glazed Carrots Melon	Chicken Nuggets <b>5</b> Sweet Potato Fries Roasted Broccoli Strawberries	Ham Sub <b>6</b> <i>w/ assorted toppings</i> Chips Pasta Salad Grapes	Pizza <b>7</b> Garden Salad <i>w/ Chickpeas</i> Fresh Fruit of the Day
<b>NO SCHOOL</b> <b>10</b> <b>INDIGINOUS PEOPLE DAY</b>	Chicken Wing Dip <b>11</b> Tortilla Chips Carrots & Celery w/ Ranch Strawberries	<i>Breakfast for Lunch!</i> <b>12</b> Chicken and Waffles Hash Brown Applesauce Cup	Pasta w/ Meat Sauce <b>13</b> Garlic Bread Stick Roasted Broccoli Peaches	Pizza <b>14</b> Garden Salad <i>w/ Chickpeas</i> Fresh Fruit of the Day
Chicken Patty on a Bun <b>17</b> <i>w/ assorted toppings</i> Fries Fresh Apple	Taco Salad <b>18</b> <i>w/ Tortilla Chips</i> Rice Corn Peaches	Pulled Pork Sandwich <b>19</b> Baked Beans Coleslaw Fresh Blueberries	Chicken Gravy <b>20</b> Mashed Potatoes Stuffing Southern Style Green Beans Apple Crisp	Pizza <b>21</b> Garden Salad <i>w/ Chickpeas</i> Fresh Fruit of the Day
Rodeo Burger <b>24</b> <i>Onion rings, BBQ, American</i> Baked Beans Cucumber Salad Fresh Strawberries	Chicken Enchiladas <b>25</b> Rice Corn Peaches	Buffalo Chicken Sandwich <b>26</b> <i>w/ assorted toppings</i> Curly Fries Harvest Kale Apple Salad Chilled Pineapple	Grilled Cheese <b>27</b> Tomato Soup Baby Carrots w/ Dip Fresh Fruit of the Day	Pizza <b>28</b> Garden Salad <i>w/ Chickpeas</i> Fresh Fruit of the Day
Happy Halloween! <b>31</b> Chicken Poppers Fries Veggie Cup w/ Dip Peaches				

**THIS MENU IS SUBJECT TO CHANGE WITHOUT NOTICE!** Student breakfast is \$2.25 & lunch is \$3.75. Pricing for individual items are posted on the serving line daily. It is our intent to have all menu items available to our customers at all times. However, there may be times when choices are limited. Thank you for your understanding and enjoy!