NOVEMBER 2021
Seton Catholic Central

**Monday**
- Macaroni & Cheese
- Green Beans
- Dinner Roll
- Fresh Fruit
- Chicken Nuggets
- Soup of the Day
- Roasted Broccoli
- Peaches

**Tuesday**
- Cheese Burger on a Bun
  - w/ assorted toppings
- Glazed Carrots
- Fries
- Apple Sauce
- Breakfast for Lunch!
  - French Toast Sticks
  - Sausage Patty
  - Tater Tots
  - Warm Cinnamon Applesauce

**Wednesday**
- Mozzarella Sticks & Pasta w/ sauce
- Veggie Cup w/ Ranch
- Fresh Grapes
- Chicken Spiedie Sub
  - Fries
  - Coleslaw
  - Blueberries

**Thursday**
- General Tso’s Chicken
- Cold Sesame Noodles
- Steamed Broccoli
- Mandarin Oranges
- Roasted Turkey
  - Gravy
  - Mashed Potatoes
  - Stuffing
  - Green Beans
  - Apple Crisp
- No School

**Friday**
- Pizza
- Garden Salad
  - w/ Chickpeas
- Assorted Fruit
- Pizza
- Garden Salad
  - w/ Chickpeas
  - Assorted Fruit
- No School

Chef Salad, Ham & Cheese or P.B.J. sandwich available daily. Each option included fruit and/or juice & veggie of the day. **ALL MEALS INCLUDE SKIM CHOCOLATE or 1% WHITE MILK**

**MENU IS SUBJECT TO CHANGE WITHOUT NOTICE!**
This institution is an equal opportunity provider. Breakfast and lunch are provided FREE OF CHARGE to all students for the 2021-2022 school year.
It is our intent to have all choices available to all customers at all times. However, there may be times when choices are limited. Thank you for your understanding and enjoy.