

Chef Salad, Ham & Cheese or P.B.J. sandwich available daily. Each option included fruit and/or juice & veggie of the day. **ALL MEALS INCLUDE SKIM CHOCOLATE or 1% WHITE MILK**

NOVEMBER 2021

Seton Catholic Central



Monday

Tuesday

Wednesday

Thursday

Friday

1

Macaroni & Cheese
Green Beans
Dinner Roll
Fresh Fruit

2

Cheese Burger on a Bun
w/ assorted toppings
Glazed Carrots
Fries
Apple Sauce

3

Mozzarella Sticks &
Pasta w/ sauce
Veggie Cup *w/ Ranch*
Fresh Grapes

4

General Tso's Chicken
Cold Sesame Noodles
Steamed Broccoli
Mandarin Oranges

5

Pizza
Garden Salad
w/ Chickpeas
Assorted Fruit

8

Chicken Nuggets
Soup of the Day
Roasted Broccoli
Peaches

9

Breakfast for Lunch!
French Toast Sticks
Sausage Patty
Tater Tots
Warm Cinnamon Applesauce

10

Chicken Spiedie Sub
Fries
Coleslaw
Blueberries

11

NO SCHOOL
Veteran's Day

12

Pizza
Garden Salad
w/ Chickpeas
Assorted Fruit

15

Chicken Patty on a Bun
w/ Assorted Toppings
Veggie Cup *w/ Ranch*
Peaches

16

Chicken Fajita
w/ flour tortilla
Assorted Toppings
Seasoned Rice
Pears

17

Meatball Sub
Fries
Roasted Brussels Sprouts
Fresh Grapes

18

Roasted Turkey Gravy
Mashed Potatoes
Stuffing
Green Beans
Apple Crisp

19

NO SCHOOL

22

Burger on a Bun
Baked Beans
Chilled Quinoa Salad
Fresh Fruit

23

Pizza
Garden Salad
w/ Chickpeas
Assorted Fruit

24

NO SCHOOL

25

NO SCHOOL
Happy Thanksgiving Day!

26

NO SCHOOL

29

Baked Potato Bar
w/ Assorted Toppings
House Chili *w/ Beans*
Steamed Broccoli
Fresh Apple

30

Chicken and Cheese
Quesadilla
Seasoned Rice
Refried Beans
Pears



MENU IS SUBJECT TO CHANGE WITHOUT NOTICE!

This institution is an equal opportunity provider. Breakfast and lunch are provided FREE OF CHARGE to all students for the 2021-2022 school year. It is our intent to have all choices available to all customers at all times. However, there may be times when choices are limited. Thank you for your understanding and enjoy.