



Non-Chart Form

5802212 - Community Resources - Supports

Comprehensive Support Group List

NYS: First Call for Help 729-9100 or 1-800-227-5353,

www.firstcallforhelp.org

PA: (570) 961-1213

For Immediate Assistance for

Mental Health Crisis

CPEP (Comprehensive Psychiatric Emergency Program)

762-2302 or 1-800-451-0560

Mental Health / Supports / Agency	Information
ACC Addiction Crisis Center (607) 722-4080	No fee, 24 hour non-medical detoxification, 24 hour staffed hot line, referrals, counseling www.frsinc.org/program/acc.htm
Additional Crisis Line (607)762-2257	New Horizons 24 hour Crisis line for substance abuse
Adult Protective Services (607) 778-2635	Hotline to report abuse of a senior or person with a disability
Al-Anon and Alateen Family Support (607) 722-0889	Family Support Group, call for days and times www.al-anon.alateen.org
Alcoholics Anonymous (607) 722-5938	Self Help / Peer Support, call for days and times www.aa.org
Alzheimer's Association (607) 785-7852	Advocacy, Support Groups, Educational Material www.alz.org
Alzheimer's Care Giver Support (800) 272-3900	Wed, 4 pm United Methodist Homes Hilltop Campus 286 Deyo Hill Rd., Johnson City Wed, 6:30 pm Owego United Methodist Church 261 Main St., Owego, www.alzcnv.org
Beacon Drop In (607) 771-8888 ext 368 or (607) 343-4401	Support for people with mental illness and/or addiction. Peer counseling, information, referral, chemical dependency groups, social activities, Fri 3-11 pm, Sat 11am-10pm, Sun 1-10 pm
Bereavement, Grief and Loss NY: (607) 729-9100 PA: (570) 691-1234	Call for support groups including Widiw, Widower, Children, etc. www.firstcallforhelp.info
Binghamton Depression & Bipolar Support Group (607) 772-6233	Mondays 7 pm, Unitarian Universalist Church 183 Riverside Dr., Binghamton
Catholic Charities (607) 723-9991	Including but not limited to: Mental health services including; Advocacy, youth services, residential services, case management, referral to community supports, 4 Seasons Club, and Stepping Stone Drop in Center. Pregancy / need counseling / help, and food pantry.
Child Abuse Hotline 1-800-635-1522	To report child abuse and neglect.
Co-Dependence Anonymous (CODA) (607) 321-9656 -Bruce (607) 687-5620 -Donna	12 step groups, to develop healthy relationships, open step topic / beginners as needed. St Paul Episcopal Church 200 Jefferson Ave., Endicott, Wed 8-9 pm, Fri 6:30-7:30 pm, Sat 1:30-1:30 pm

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<p>Crime Victims Assistance Center (CVAC) (607) 722-3200 (607) 722-4256 24 Hour Crisis Line (607) 725-8196 Text Message</p>	<p>Victims services include emergency crisis intervention, 24 hour crisis hotline, crisis intervention, referral, short and long term counseling to victims and families, and education www.cvac.us or 327 Robinson St., Binghamton</p>
<p>Debt Relief Counseling 1-800-479-6026</p>	<p>Credit Counseling Center of Southern Tier in Binghamton. Call for more information or appointment.</p>
<p>Eating Disorder Support Group (607) 763-6326 or (607) 763-5090</p>	<p>Every Monday at 5:30 pm at Stay Healthy Center (Oakdale Mall). Contact Sue Connley.</p>
<p>Family Ties Support Group (607) 762-2887</p>	<p>Information & support for <u>family and friends</u> of people with mental illness. Call for days and times.</p>
<p>Food Addicts in Recovery Anonymous</p>	<p>Call (866) 931-6932 for more information</p>
<p>Food Bank Southern Tier (607) 796-6061 Central NY (315) 437-1899 Northeastern NY (516) 786-3691</p>	<p>www.foodbankst.org (Broome, Tioga, Chemung County) www.foodbankcny.org (Chenango, Cortland, Oswego, and Delaware County)</p>
<p>Gamblers Anonymous 1-888-424-3577</p>	<p>www.gamblersanonymous.org Call or visit web site for meeting times and location</p>
<p>Mental Health Association (607) 771-8888</p>	<p>Mental health services, mental health case management, food pantry, residential services, Beacon Drop In Center</p>
<p>Narcotics Anonymous (607) 774-4907</p>	<p>Self Help / Peer Support www.tcana.net for Triple Cities meetings</p>
<p>Office for the Aging (607) 778-2411</p>	<p>Referral, services seniors need to live independently care giver support, care giver resources, senior resource guide. www.broomeelderservices.org</p>
<p>Overeaters Anonymous (607) 722-0421</p>	<p>12 step, call for location and times. www.oa.org</p>
<p>Patients Liberation Alliance 24 hour Peer Support line 1-800-654-7227</p>	<p>Advocacy / Empowerment information</p>
<p>Sex Addicts Anonymous (607) 759-9004</p>	<p>12 step, call for location and times. www.sexaa.org</p>
<p>SOS Shelter 1-877-754-4340</p>	<p>Domestic Abuse Hotline</p>
<p>Those Left Behind (607) 762-2887</p>	<p>Support groups for friends and family of suicide victims. 2nd and 4th Tuesday of every month at 7 pm at Binghamton General, Contact Linda Humphrey</p>
<p>VOA (Volunteers of America) Females: (607) 771-6795 Males: (607) 772-1156</p>	<p>Men, Women, and Women with Children Emergency housing.</p>
<p>YMCA (607) 772-0560</p>	<p>Men's Homeless Shelter www.ymca.net</p>
<p>YWCA (607) 722-0340</p>	<p>Emergency housing for Women, Women with Children, and female teens. www.ywca.org</p>

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