



**SETON CATHOLIC CENTRAL
ATHLETICS START DATES
2025 - 2026**

*All Students Must Have Updated Physicals
And 30-Day Interval Health History Forms In Order To Participate*

FALL

JV / VARSITY SPORTS
MODIFIED CROSS COUNTRY
ALL OTHER MODIFIED SPORTS

MONDAY, AUGUST 18th
MONDAY, AUGUST 18th
THURSDAY, SEPTEMBER 4th

WINTER

JV / VARSITY SPORTS
MODIFIED SPORTS

MONDAY, NOVEMBER 17th
MONDAY, DECEMBER 1st

SPRING

JV / VARSITY SPORTS
ALL OTHER MODIFIED SPORTS

MONDAY, MARCH 16th
MONDAY, MARCH 30th