



**SETON CATHOLIC CENTRAL
ATHLETICS START DATES
2025-2026**

*All Students Must Have Updated Physicals
And 30-Day Interval Health History Forms In Order To Participate*

FALL

JV / VARSITY SPORTS	MONDAY, AUGUST 18 th
MODIFIED CROSS COUNTRY	MONDAY, AUGUST 18 th
ALL OTHER MODIFIED SPORTS	THURSDAY, SEPTEMBER 4 th

WINTER

JV / VARSITY SPORTS	MONDAY, NOVEMBER 17 th
MODIFIED SPORTS	MONDAY, DECEMBER 1 st

SPRING

JV / VARSITY SPORTS	MONDAY, MARCH 16 th
ALL OTHER MODIFIED SPORTS	MONDAY, MARCH 30 th