



**SETON CATHOLIC CENTRAL  
ATHLETIC START DATES  
2023 - 2024**

**ALL STUDENTS MUST HAVE UPDATED PHYSICALS AND 30-DAY INTERVAL HEALTH HISTORY FORMS IN ORDER TO PARTICIPATE.**

---

**FALL**

**VARSITY / JV**

**MODIFIED CROSS COUNTRY**

**MODIFIED GIRLS TENNIS**

**MONDAY, AUGUST 21st**

**MONDAY, AUGUST 21st**

**THURSDAY, SEPTEMBER 7th**

---

**WINTER**

**VARSITY / JV**

**MODIFIED**

**MONDAY, NOVEMBER 13th**

**MONDAY, NOVEMBER 27th**

---

**SPRING**

**VARSITY / JV**

**MODIFIED**

**MONDAY, MARCH 11th**

**MONDAY, MARCH 25th**