

- What : Athletic Physicals for Fall, Winter and Spring Sports conducted by UHS
- Who : Students currently in grades 7–11 interested in Varsity, JV, or Modified athletics for the 2023–24 school year.
- When : Wednesday, April 5th 10:00am ~ 2:00pm Wednesday, May 17th 10:00am ~ 2:00pm
- Where : Seton Catholic Central High School

Consent forms and exam forms must be filled out and returned to the school by the day of the physical. Please complete the health history portion of the exam form prior to returning it to the school.

ALL STUDENTS MUST HAVE A PHYSICAL IN ORDER TO PARTICIPATE IN ATHLETICS.

Questions, contact Mr. Chris Sinicki, Athletic Director Seton Catholic Central High School at csinicki@syrdiocese.org